

Age	Motor Development	Sensory/ Cognitive Development	Language/ Communication Development	Personal & Social Development
2 Months	Holds up head when on tummy; moves both arms and legs	Watches you as you move; stares at toys for several seconds	Makes sounds other than crying; reacts to other sounds	Looks at your face; smiles when talked to or smiled at
4 Months	Holds head steady; holds toy when placed in hand; pushes onto elbows/forearms when on tummy	Opens mouth when seeing breast or bottle; looking at own hands with interest	Cooing; makes sounds when talked to; turns head toward voice	Chuckles at others; tries to get and keep others' attention
6 Months	Rolls from tummy to back; pushes up with straight arms on tummy	Puts things in mouth to explore; reaches for things they want	Takes turns making sounds; makes squealing noises	Knows familiar people; likes to look at self in mirror; laughs
9 Months	Sits without support; moves things from one hand to the other	Looks for objects when no longer in sight; bangs two objects together	Makes lots of sounds like "mamama" and "bababa"; lifts arms to be picked up	Shy or fearful of strangers; shows several facial expressions; reacts when you leave; looks when name is called
1 Year	Pulls up to stand; walks while holding furniture	Puts something in container (like a block in a cup); looks for things that you hide	Waves "bye"; calls a parent "mama" or "dada" or other special name; understands "no"	Plays games with you, like pat-a-cake
18 Months	Walks without holding anything; feeds themselves with fingers; climbs on couch/chair without help	Copies you doing chores; plays with toys in a simple way like pushing a car	Tries to say 3 or more words other than "mama" or "dada"; follows one-step directions	Points to show you something; puts hands out for you to wash them; helps you dress them
2 Years	Kicks a ball; runs; walks upstairs with or without help; eats with a spoon	Uses both hands to do a task; plays with multiple toys at once; uses switches or buttons on toys	Says at least two words together; points to at least 2 body parts; using more gestures	Notifies when others are hurt or upset; looks at your face to see how to react in a situation
3 Years	Puts on some clothes by themselves, like a jacket; uses a fork	Avoids touching hot objects when you tell them; draws a circle when you show them	Talks in conversation with at least two back-and-forth exchanges; asks "who/what/where/why" questions; talks well enough for most to understand	Calms down within ten minutes after you leave them (ex: at daycare); notices children and joins them to play
4 Years	Catches a large ball most of the time; holds pencil with fingers and thumb (not fist); serves themselves food or water	Names a few colors of items; tells what comes next in well-known story; draws a person with three or more body parts	Says sentences with four or more words; talks about something that happened during their day; asks simple questions	Asks to go play with other children, pretends to be something during play, comforts others who are hurt or sad, likes to be a helper
5 Years	Buttons some buttons; hops on one foot	Counts to ten, names some numbers (1-5) when pointed to, writes some letters in their name, pays attention for 5-10 minutes during activities	Tells a story with at least 2 events; keeps a conversation; uses or recognizes simple rhymes	Follows rules or takes turns with other children; sings, dances, or acts for you